Revised: 24-March-2008

# Measure-iT™ Thiol Assay Kit (M30550)

# **Quick Facts**

# Storage upon receipt:

- Store at ≤-20°C
- Protect from light
- Desiccate
- Avoid freeze/thaw cycles

**Ex/Em:** 494/517 nm

# Introduction

The Measure-iT<sup>TM</sup> Thiol Assay Kit provides easy and accurate quantitation of thiol. The kit supplies concentrated assay reagent, dilution buffer, and concentrated thiol standard. Simply dilute the reagent 1:100, load 100 µL into the wells of a microplate, add 1-10 µL sample volumes, mix, then read the fluorescence (Figure 1). The assay has a linear range of 0.05–5 μM thiol, making it up to 400 times more sensitive than colorimetric methods based on Ellman's reagent. The assay is performed at room temperature; maximum fluorescence signal is attained within 5 minutes and is stable for at least 1 hour. Common contaminants are well tolerated in the assay. The kit provides sufficient material for 500 assays.

#### Materials

## Kit Contents

- Component A: Measure-iT<sup>™</sup> thiol quantitation reagent, 500 µL of a 100X concentrate in propanediol
- Component B: Measure-iT™ thiol quantitation buffer, 50 mL of 50 mM potassium phosphate buffer
- **Component C:** Measure-iT<sup>™</sup> thiol quantitation standard, 30 mg of reduced glutathione

Sufficient materials are supplied for 500 assays, based on a 100 µL assay volume in a 96-well microplate format. The Measure-iT<sup>TM</sup> thiol assay can also be adapted for use in cuvettes or 384-well microplates.

#### Storage

Upon receipt, store the kit at ≤-20°C, desiccated and protected from light. Under these conditions the components should be stable for at least 6 months. For convenience, the Measure-iT<sup>TM</sup>

thiol quantitation buffer (Component B) may be stored short term (days) at room temperature, protected from light. However, for longer periods, we recommend storage at ≤-20°C to prevent microbial contamination.

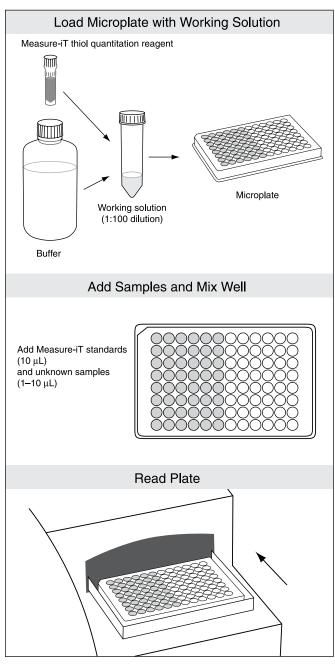


Figure 1. The Measure-iT™ Thiol Assav.

### Handling and Disposal

We must caution that no data are available addressing the toxicity of the Measure-i $T^{TM}$  thiol quantitation reagent. Treat the reagent with the same safety precautions as all other chemicals with unknown toxicity, and dispose in accordance with local regulations.

# **Experimental Protocol**

#### **General Considerations**

During all steps, protect the Measure-iT<sup>TM</sup> thiol quantitation reagent concentrate and the working solution from light as much as possible. Traditionally, all solutions used for thiol determination are thoroughly degassed prior to use. Allow the kit components to equilibrate to room temperature before use. The assay temperature is "room temperature," defined here as 20–25°C. Assay temperatures outside this range have not been tested but may be acceptable.

#### Thiol Assay Procedure

- 1. Prepare a stock solution of the Measure-iT<sup>TM</sup> thiol quantitation standard. Dissolve 5 mg of the Measure-iT<sup>TM</sup> thiol quantitation standard (Component C) in 150  $\mu$ L deionized H<sub>2</sub>O to prepare a 110 mM stock solution. This solution is stable for at least 2 months when stored at  $\leq$ 6°C.
- 2. Prepare a working solution of the Measure-iT<sup>TM</sup> thiol quantitiation standard. Dilute 5  $\mu$ L of the 110 mM stock solution (prepared in step 1) with 4995  $\mu$ L deionized H<sub>2</sub>O to prepare 5 mL of a 110  $\mu$ M working solution. This solution is stable for at least 2 weeks when stored at  $\leq$ 6°C.
- 3. Prepare Measure-iT<sup>TM</sup> thiol quantitation standards. Dilute the 110  $\mu$ M working solution (prepared in step 2) with deionized H<sub>2</sub>O according to Table 1. Measure-iT<sup>TM</sup> thiol quantitation standards are stable for at least 1 week when stored at  $\leq$ 6°C.
- **4. Prepare a 1:100 working solution of the Measure-iT<sup>TM</sup> thiol quantitation reagent.** For example, for  $\sim$ 100 assays, dilute 100  $\mu$ L of Measure-iT<sup>TM</sup> thiol quantitation reagent (Component A)

**Table 1.** Preparation of Measure-iT™ Thiol Standards.

<u>'</u>					
Concentration of Thiol Standard (µM)	Volume of Thiol Working Solution* (µL)	Volume of Deionized H <sub>2</sub> O (µL)			
0	0	1000			
2.75	25	975			
5.5	50	950			
11	100	900			
22	200	800			
33	300	700			
44	400	600			
55	500	500			

<sup>\* 110</sup> μM working solution of the Measure-iT™ thiol quantitation standard prepared in step 2.

with 10 mL of Measure-iT<sup>TM</sup> thiol quantitation buffer (Component B) in a disposable plastic container and mix well. Do not use glass containers.

- 5. Load 100 µL of the Measure-iT™ thiol quantitation reagent working solution prepared in step 4 into each microplate well. For best results, diluted thiol quantitation reagent should be used within 1 hour of preparation.
- 6. Add 10 µL of the Measure-iT<sup>™</sup> thiol quantitation standards prepared in Step 3 to separate wells and mix well. Duplicates or triplicates of the standards are recommended.
- 7. Add 1–10  $\mu$ L of each unknown thiol sample to separate wells and mix well. Duplicates or triplicates of the unknown samples are recommended. Some contaminating substances may interfere with the assay (see below). For highest precision, the volumes of all reactions can be equalized by adding a small volume of the dilution buffer. Equalizing the volumes is especially important in cases where contaminating substances may be present.
- 8. Measure the fluorescence using a microplate reader (excitation/emission maxima are 494/517 nm). The maximum fluorescence signal is attained in 5 minutes, and is stable ( $\pm 10\%$ ) for at least 1 hour. Fluorescence signal in the range of 0.5–5  $\mu$ M thiol is stable ( $\pm 10\%$ ) for at least 4 hours.
- **9.** Use a standard curve to determine the unknown thiol concentration. For the thiol standards, plot the thiol concentration vs. fluorescence and fit a straight line to the data points.

# **Protocol Details**

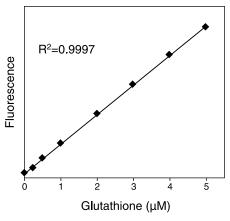
#### Generating Standard Curves and Extending the Assay Range

In this manual we have plotted standard curves as concentration of thiol ( $\mu M$ ) vs. fluorescence. Alternatively, the x-axis can be expressed as the concentration of the added sample. Table 2 is provided to facilitate these unit conversions.

Table 2. Concentration Conversion.\*

Final Concentration	Concentration in Given Sample Volume (µM)			
(μM)	1 μL	5 μL	10 µL	
0.05	5	1	0.5	
1	100	20	10	
5	500	100	20	

<sup>\*</sup> The Measure-iT<sup>™</sup> thiol assay is designed to detect 0.05–5 μM thiol in a 100 μL assay volume. Sample volumes may vary from 1–10 μL; therefore, sample concentration may vary from 0.5–500 μM.



**Figure 2.** Linearity and sensitivity of the Measure-iT™ thiol assay. Triplicate 10 µL samples of glutathione were assayed; fluorescence was measured at 490/520 nm and plotted versus glutathione concentration. The variation (CV) of replicate samples was <2%.

The assay is linear from 0.05–5  $\mu$ M thiol (Figure 2). For best results at the low end of the standard curve, the line should be forced through the background point (or through zero if background has been subtracted). When prepared as described above, the lowest thiol-containing standard represents 0.25  $\mu$ M thiol; however, highly accurate determinations of thiol down to 0.05  $\mu$ M are attained using the standard curve as described above. To assess the reliability of the assay in the lower range, use smaller volumes of the standards (e.g., 2  $\mu$ L) to generate a standard curve covering the range of 0.05–1  $\mu$ M (Figure 3).

#### **Protein Samples**

Free thiol in protein samples may be quantitated with the Measure-iT<sup>TM</sup> Thiol Assay Kit. Thiol from reduced disulfide

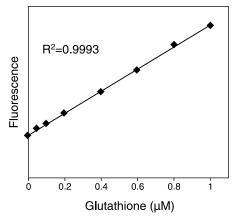


Figure 3. Extended range for the Measure-iT™ thiol assay. Duplicate samples of 2 µL glutathione were assayed; fluorescence was measured at 490/520 nm and plotted versus glutathione concentration. The variation (CV) of replicate samples was <5%.

linkages in protein may also be quantitated; however, special care must be taken to remove any reducing agents from the sample media before performing the assay.

#### Contaminating Substances

A number of common contaminants have been tested in the presence of thiol with the Measure-iT thiol quantitation assay, and most are well tolerated (Table 3). For untested contaminating substances, and for highest accuracy, the standards should be assayed under the same conditions as the unknowns. For example, if the experimental samples are in a non-standard buffer and if  $10~\mu L$  volumes of these samples are used, add  $10~\mu L$  volumes of the non-standard buffer (lacking thiol) when assaying the standards.

**Table 3.** Effect of Contaminants in the Measure-iT™ Thiol Assay. \*

Contaminant	Final Concentration in the Assay	Concentration in 10 µL Sample	Concentration in 5 µL Sample	Result
F(ab´) <sub>2</sub>	5 μg/mL	50 μg/mL	100 μg/mL	OK
BSA	10 μg/mL	100 μg/mL	200 μg/mL	0K
IgG	5 μg/mL	50 μg/mL	100 μg/mL	0K
SDS‡	0.1%	1%	2%	OK
Tween® 20	0.01%	0.1%	0.2%	OK
Triton® X-100	0.01%	0.1%	0.2%	OK†
Sodium azide	1 mM	10 mM	20 mM	OK
Potassium phosphate/NaCl (pH 7.2)	2 mM/3 mM	20 mM/30 mM	40 mM/60 mM	OK†
Sodium chloride	10 mM	100 mM	200 mM	OK
Magnesium chloride	10 mM	100 mM	200 mM	OK
Phenol	0.01%	0.1%	0.2%	OK
EDTA (pH 8)	10 mM	100 mM	200 mM	OK
Sodium acetate	15 mM	155 mM	300 mM	OK
Ethanol	1%	10%	20%	OK
dsDNA	5 μg/mL	50 μg/mL	100 μg/mL	OK
Glycerol	1%	10%	20%	OK
Sodium hydroxide	500 μM	5 mM	10 mM	0K

<sup>\*</sup> Glutathione standards were assayed in the presence or absence of contaminants at the indicated final concentrations. Equivalent concentrations (approximate) in  $10 \mu L$  or  $5 \mu L$  sample volumes are also listed. Results are given as 0K = usually less than 10% perturbation. † An acceptable result, but with some distortion of the standard curve. For best results, add the same amount of contaminant to the standard samples. ‡ Precipitate formed

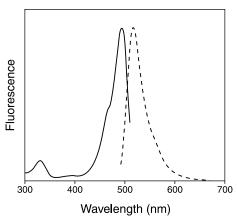


Figure 4. Normalized excitation and emission maxima for the Measure-iT™ thiol quantitation reagent bound to glutathione.

#### Excitation and Emission Maxima

The excitation and emission maxima for the Measure-iT<sup>TM</sup> thiol quantitation reagent bound to glutathione are 494 and 517 nm, respectively (Figure 4). Excitation/emission settings of 490/520 nm work well in the assay.

# **Product List** Current prices may be obtained from our Web site or from our Customer Service Department.

Cat #Product NameUnit SizeM30550Measure-iT™ Thiol Assay Kit \*500 assays\*1 kit

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