Calculation of Results

Plot the standard curve on log-log axis graph paper with cytokine concentration on the x-axis and absorbance on the y-axis. Draw a best fit line through the standard points. To determine the unknown cytokine concentrations in the samples, find the absorbance value of the unknown on the y-axis and draw a horizontal line to the standard curve. At the point of intersection, draw a vertical line to the x-axis and read the corresponding cytokine concentration. If the samples were diluted, multiply by the appropriate dilution factor. The data is best calculated with computer-based curve-fitting software using a 5- or 4-parameter logistics curve-fitting algorithm. If a test sample's absorbance value falls outside the standard curve ranges, that test sample needs to be reanalyzed at a higher or lower dilution as appropriate.

Typical Data

Standard Curve: This standard curve was generated at BioLegend for demonstration purposes only. A standard curve must be run with each assay.



Performance Characteristics

Specificity: No cross reactivity was observed when this kit was used to analyze multiple human, mouse and rat recombinant proteins.

Troubleshooting

High Background:

- Background wells were contaminated.
- Matrix used had endogenous analyte.
- Plate was insufficiently washed.
- TMB Substrate Solution was contaminated. No signal:
- Incorrect or no antibodies were added.
- Avidin-HRP was not added.
- Substrate solution was not added.

• Wash buffer contained sodium azide.

Low or poor signal for the standard curve:

- Standard was incompletely reconstituted or was stored improperly.
- Reagents were added to wells with incorrect concentrations.
- Plate was incubated with inappropriate temperature, timing or agitation.

Signal too high, standard curves saturated:

- Standard was reconstituted with less volume than required.
- One or more reagent incubation steps were too long.
- Plate was incubated with inappropriate temperature, timing, or agitation.

Sample readings out of range:

- Samples contain no or below detectable levels of analyte.
- Samples contain analyte concentrations greater than highest standard point.

High variations in samples and/or standards:

- Pipetting errors may have occurred.
- Plate washing was inadequate or nonuniform.
- Samples were not homogenous.
- Samples or standard wells were contaminated.

BioLegend

The path to legendary discovery™

Human IL-10

ELISA MAX[™] Standard Sets

Cat. No. 430601 (5 plates) 430602 (10 plates) 430603 (20 plates)



BioLegend's ELISA MAX[™] Standard Sets contain the capture and detection antibodies, recombinant protein standard, and Avidin-HRP required for the accurate quantification of natural and recombinant human IL-10. These sets are cost-effective and designed for experienced ELISA users. Optimization of reagent concentrations and assay conditions may be required.

It is highly recommended that the instruction sheet be read in its entirety before using this product. Use the recommended assay protocol, microwell plates, buffers, diluent, and substrate solution to obtain desired assay results. Do not use this set beyond the expiration date.

Materials Provided

- 1. Human IL-10 ELISA MAX[™] Capture Antibody (200X)
- 2. Human IL-10 ELISAMAX[™] Detection Antibody (200X)
- 3. Human IL-10 Standard
- 4. Avidin-HRP (1000X)
- 5. Instruction Sheet
- 6. Lot-Specific Instruction/ Analysis Certificate

Introduction

Human IL-10 was originally described as Cytokine Synthesis Inhibitory Factor (CSIF) due to its ability to inhibit cytokine production by $T_{\mu}1$ clones. IL-10 is expressed in activated CD8⁺ and CD4⁺ T cells, activated monocytes, mast cells, and Ly-1 B cells. IL-10 shares over 80% sequence homology with the Epstein-Barr virus protein BCRFI. The functions of IL-10 include inhibition of macrophage-mediated cytokine synthesis and suppression of the delayed type hypersensitivity response.

Principle of the Test

BioLegend's ELISA MAX[™] Standard Set is a sandwich Enzyme-Linked Immunosorbent Assay (ELISA).

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For other technical resources, please visit: www.biolegend.com/support or email: techserv@biolegend.com

Materials to be Provided by the End-User

- Microwell plates: 96-well Nunc MaxiSorp[™] is recommended.
- A microplate reader capable of measuring absorbance at 450 nm
- Adjustable pipettes to measure volumes ranging from 2 μL to 1 mL
- Deionized (DI) water
- Coating Buffer: 8.4 g NaHCO₃, 3.56 g Na₂CO₃, add DI H₂O to 1.0 L, pH to 9.5 (BioLegend Cat. No. 421701 is recommended.)
- Assay Diluent: 10% Fetal Bovine Serum or 1% BSA in Phosphate-Buffered Saline (PBS) (BioLegend Cat. No. 421203 is recommended.)
- PBS: 8.0 g NaCl, 1.16 g Na₂HPO₄, 0.2 g KH₂PO₄, 0.2 g KCl, add DI water to 1.0 L, pH to 7.4
- Wash Buffer: Phosphate-Buffered Saline (PBS) + 0.05% Tween-20 (BioLegend Cat. No. 421601 is recommended.)
- Wash bottle or automated microplate washer
- TMB Substrate Solution BioLegend Cat. No. 421101 is recommended.
- Stop Solution (2 N H₂SO₄)
- Log-Log graph paper or software for data analysis
- Tubes to prepare standard dilutions
- Timer
- Absorbent paper

Storage Information

- Store kit components at 4°C.
- After reconstitution of the lyophilized standard with Assay Diluent, aliquot into polypropylene vials and store at -70°C. Do not repeatedly freeze/thaw the recombinant protein standard as loss of activity may occur.
- Prior to use, bring all components to room temperature (18-25°C). Upon assay completion return all components to appropriate storage conditions.

Health Hazard Warnings

- Reagents that contain preservatives may be harmful if ingested, inhaled or absorbed through the skin. Refer to the MSDS online for details (www.biolegend.com/support/#msds).
- 2. TMB substrate solution is harmful if ingested. Additionally, avoid skin, eye or clothing contact.
- To reduce the likelihood of blood-borne transmission of infectious agents, handle all serum and/or plasma in accordance with NCCLS regulations.

Specimen Collection and Handling

Cell Culture Supernatant: If necessary, centrifuge to remove debris prior to analysis. Samples can be stored at < -20°C. Avoid repeated freeze/thaw cycles.

Serum: Use a serum separator tube and allow clotting for at least 30 minutes, then centrifuge for 10 minutes at 1,000 X g. Remove serum layer and assay immediately or store serum samples at < -20°C. Avoid repeated freeze/thaw cycles. Serum specimens should be clear and non-hemolyzed.

Plasma: Collect blood sample in a citrate, heparin or EDTA containing tube. Centrifuge for 10 minutes at 1,000 X g within 30 minutes of collection. Assay immediately or store plasma samples at < -20° C. Avoid repeated freeze/thaw cycles. Plasma specimens should be clear and non-hemolyzed.

Reagent Preparation

Do not mix reagents from different sets or lots. Avidin-HRP, Human IL-10 Standard, and/or antibodies from different manufacturers should not be used with this set. All reagents should be diluted immediately prior to use.

- 1. Dilute the pre-titrated Capture Antibody 1:200 in Coating Buffer. For one plate, dilute 60 μL Capture Antibody in 11.94 mL Coating Buffer.
- 2. Reconstitute the lyophilized standard with 0.2 mL of Assay Diluent, re-cap vial, and mix well. Allow the reconstituted standard to sit for 15 minutes at room temperature, then invert/vortex to mix.
- 3. Prior to use, prepare 1,000 μ L of the top standard at a concentration of 250 pg/mL from stock solution in Assay Diluent (refer to Lot-Specific Instruction/Analysis Certificate).
- 4. Dilute the pre-titrated Biotinylated Detection Antibody 1:200 in Assay Diluent. For one plate, dilute 60 μL Detection Antibody in 11.94 mL Assay Diluent.
- 5. Dilute Avidin-HRP 1:1000 in Assay Diluent. For one plate, dilute 12 μL Avidin-HRP in 11.99 mL Assay Diluent.
- Prepare all other reagents required for the assay including TMB Substrate Solution. Refer to reagent description in the section "Materials to be Provided by the End-User".

Assay Procedure

Do not use sodium azide in any solutions as it inhibits the activity of the horseradish-peroxidase enzyme.

- 1. One day prior to running the ELISA, dilute Capture Antibody in Coating Buffer. Add 100 μL of this Capture Antibody solution to all wells of a 96-well plate provided in the set. Seal plate and incubate overnight at 4°C.
- Bring all reagents to room temperature (RT) prior to use. It is strongly recommended that all standards and samples be run in duplicate or triplicate. A standard curve is required for each assay.
- Wash plate 4 times with at least 300 μL Wash Buffer per well and blot residual buffer by firmly tapping plate upside down on absorbent paper. All subsequent washes should be performed similarly.
- 4. To block non-specific binding and reduce background, add 200 μL Assay Diluent per well.
- 5. Seal plate and incubate at RT for 1 hour with shaking at 200 rpm on a plate shaker.
- 6. While plate is being blocked, prepare standard dilutions and appropriate sample dilutions (if necessary).
- Prepare 1,000 μL of the top standard at 250 pg/mL from stock solution in Assay Diluent (refer to Lot-Specific Instruction/Analysis Certificate). Perform six two-fold serial dilutions of the 250 pg/mL top standard with Assay Diluent in separate tubes. After diluting, the human IL-10 standard concentrations are 250 pg/mL, 125 pg/mL, 62.5 pg/mL, 31.3 pg/mL, 15.6 pg/mL 7.8 pg/mL, and 3.9 pg/mL, respectively. Assay Diluent serves as the zero standard (0 pg/mL).



- 8. Wash plate 4 times with Wash Buffer.
- 9. Add 100 μ L/well of standard dilutions and samples to the appropriate wells. If needed, samples can be further diluted with Assay Diluent before adding 100 μ L/well diluted samples.
- 10. Seal plate and incubate at RT for 2 hours with shaking.
- 11. Wash plate 4 times with Wash Buffer.
- 12. Add 100 μL of diluted Detection Antibody solution to each well, seal plate and incubate at RT for 1 hour with shaking.
- 13. Wash plate 4 times with Wash Buffer.
- 14. Add 100 μL of diluted Avidin-HRP solution to each well, seal plate and incubate at RT for 30 minutes with shaking.
- 15. Wash plate 5 times with Wash Buffer. For this final wash, soak wells in Wash Buffer for 30 seconds to 1 minute for each wash. This will help minimize background.
- 16. Add 100 μ L of TMB Substrate Solution and incubate **in the dark for 30 minutes or until the desired color develops*.** Positive wells should turn blue in color. It is not necessary to seal the plate during this step.
- 17. Stop reaction by adding 100 μL of Stop Solution to each well. Positive wells should turn from blue to yellow.
- Read absorbance at 450 nm within 30 minutes. If the reader can read at 570 nm, the absorbance at 570 nm can be subtracted from the absorbance at 450 nm.

*Optimal substrate incubation time depends on laboratory conditions and the optical linear ranges of ELISA plate readers.

Assay Procedure Summary

<u>Day 1</u>

Add 100 μL diluted Capture Antibody solution to each well, incubate overnight at 4° C

<u>Day 2</u>

- 1. Wash plate 4 times
- 2. Add 200 μL Assay Diluent to block, incubate at room temperature for 1 hour with shaking
- 3. Wash plate 4 times
- 4. Add diluted standards and samples to the appropriate wells, incubate at room temperature for 2 hours with shaking
- 5. Wash plate 4 times
- 7. Wash plate 4 times
- 8. Add 100 μL diluted Avidin-HRP solution to each well, incubate at room temperature for 30 minutes with shaking
- 9. Wash plate 5 times, soaking for 30 seconds to 1 minute per wash
- 10. Add 100 μL of TMB Substrate Solution to each well, incubate in the dark for 30 minutes or until the desired color develops
- 11. Add 100 μL Stop Solution to each well
- 12. Read absorbance at 450 nm and 570 nm

For more information about BioLegend ELISA MAX[™] Sets and LEGEND MAX[™] ELISA Kits with precoated plates, visit **www.biolegend.com**.